



Q14

Spinach and feta mash



创建人
电器

V-ZUG 瑞族
Combi-Steam MSLQ

Preparation

600 g potatoes, mealy, medium-sized

Peel and quarter the potatoes and put into the plastic perforated cooking tray.
Place the cooking tray on the hardened glass dish in the cold cooking space. Steam.
在 **Power-Steam** 期间为 **100 16** 分钟°C

30 g spinach, fresh

30 g feta

60 ml milk

2 tbsp butter, liquid

½ cloves of garlic

Pepper

Salt

Cut the spinach into thin strips. Crumble the feta cheese. Peel and crush the garlic.
Transfer the steamed potatoes to a bowl. Mash with a potato masher and mix in the other ingredients. Season with salt and pepper.

配件

Hardened glass dish

Plastic perforated cooking tray ⅓ GN, depth 52 mm

