



Poached salmon with a chilli vinaigrette



Preparation	20 Mins
Cooking time	25 Mins
Portions	4
Appliance	Combair-Steam SL from 2015

Poached salmon

- 600 g salmon, skin removed
- 3 tbsp olive oil
- 4 sprigs of tarragon
- 1 tbsp lemon zest
- Fleur de sel

Pat the salmon dry, fillet it and cut into 60 g chunks, then spread out over the stainless steel tray.

Drizzle olive oil over the salmon and then scatter over the tarragon leaves and lemon zest. Put the stainless steel tray into the cold cooking space. Steam.

Steaming 48 °C for 25 Mins

Take the salmon out of the cooking space and quickly blowtorch all over. Season with fleur de sel.

Chilli vinaigrette

- 1 chilli pepper
- 2 lemons, zest
- Fleur de sel
- Pepper, white
- 100 ml olive oil

Deseed and finely chop the chilli pepper. Grate and squeeze the lemon and mix the zest and juice with the fleur de sel, chilli pepper, pepper and olive oil. Drizzle the vinaigrette over the salmon.

Accessories

- Perforated stainless steel tray

