



Roasted baby carrots

食谱作者 V-ZUG 瑞族



制备过程	10 分钟
烘烤的时间	10 分钟
时间：烘烤时间取决于机器	
份	4
电器	Combi-Steam XSL 自 2015 年

Preparation

12 baby carrots, with green tops

1 tbsp olive oil

Salt

Pepper

将发酵桶预加热 热风+清蒸 到 **230°C**

Peel the carrots and cut the green tops down to 2 cm.

Brush the carrots with the olive oil, season with salt and pepper and place on a baking tray that has been lined with baking paper. Put the tray into the preheated cooking space. Cook.

放入食物

在 热风+清蒸 期间为 **230 10 分钟°C**

配件

Baking tray

