Puff pastry sticks

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制备过程	20 分钟
烘烤的时间：烘烤时间取决于机器	23 分钟
份	24
电器	Combair-Steam SE 自 2015 年

Preparation

2 rolls of puff pastry

2 tbsp olive oil

2 sprigs of oregano

2 sprigs of thyme

Fleur de sel

30 g Parmesan

Strip off the leaves from the sprigs of oregano and thyme, then chop them finely. Brush one sheet of puff pastry with water, then lay the second sheet of puff pastry on top of it. Brush the top sheet of puff pastry with olive oil and sprinkle over the herbs, salt and Parmesan.

Cut the puff pastry into 1 cm wide strips. Gently twist the strips of puff pastry and place on two lined baking sheets.

Put the baking trays into the cold cooking space. Bake.

在 酥皮专业烘烤技术 期间为 **200 23** 分钟°C

配件

2 baking trays

附加信息

创建时间	11.12.2019