Greek yogurt, buttermilk and parsley mash

食谱作者 V-ZUG 瑞族



制备过程	15 分钟
烘烤的时间：烘烤时间取决于机器	16 分钟
份	4
电器	Combi-Steam MSLQ

Preparation

600 g potatoes, mealy, medium-sized

Peel and quarter the potatoes and put into the plastic perforated cooking tray.

Place the cooking tray on the hardened glass dish in the cold cooking space. Steam.

在 **PowerDämpfen** 期间为 **100 16** 分钟°C

1 clove of garlic, crushed

½ onion

½ bunch of parsley, flat-leaved

3 tbsp butter, liquid

150 g yogurt, Greek

30 ml buttermilk

30 g mayonnaise

Salt

Peel and crush the garlic. Peel and finely chop the onion. Pull the parsley leaves off the stalks and chop finely.

Transfer the steamed potatoes to a bowl. Mash with a potato masher and mix in the other ingredients. Season with salt to taste.

配件

Hardened glass dish

Plastic perforated cooking tray ⅓ GN, depth 52 mm

附加信息

创建时间	11.12.2019