



Harissa chicken with olives and chickpeas

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制备过程
烘烤的时间：烘烤时间取决于机器
份
电器

45 分钟
1 小时

4
Combair SE 自 2015 年

Harissa chicken

800 g chicken thighs, skinless, boneless

2 cloves of garlic

150 g olives, taggiasca, pitted

2 tbsp harissa paste

1 tbsp cane sugar

Salt

Pepper

Put all the ingredients in a mixing bowl. Marinate and season the chicken.

将发酵桶预加热 湿热风, 到 **160°C**

1 tin of chickpeas, about 400 g

2 lemons

400 g date cherry tomatoes

Put the chickpeas in the porcelain dish and sit the marinated chicken on top.

Cut the lemons in half and place in the porcelain dish as well. To finish, scatter the tomatoes over the top. Put the porcelain dish on the wire shelf in the preheated cooking space. Cook.

放入食物

在 湿热风 期间为 **160 1 小时°C**

Take the chicken out of the cooking space. Remove the caramelized lemon from the dish and squeeze over the chicken.

Lemon gremolata

50 g parsley, flat-leaved

1 lemon

2 cloves of garlic





For the gremolata, zest and juice the lemon. Peel and crush the garlic. Pull the parsley leaves off the stalks and chop finely. Mix 1 tbsp of lemon zest, 1 tbsp of lemon juice, garlic and parsley together.

Serve the chicken with the lemon gremolata.

配件

Porcelain dish ½ GN, depth 65 mm

Wire shelf

附加信息

创建时间	25.02.2020
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