Spinach and feta mash

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制备过程	20 分钟
烘烤的时间：烘烤时间取决于机器	16 分钟
份	4
电器	Combi-Steam MSLQ

Preparation

600 g potatoes, mealy, medium-sized

Peel and quarter the potatoes and put into the plastic perforated cooking tray.

Place the cooking tray on the hardened glass dish in the cold cooking space. Steam.

在 **PowerDämpfen** 期间为 **100 16** 分钟°C

30 g spinach, fresh

30 g feta

60 ml milk

2 tbsp butter, liquid

½ cloves of garlic

Pepper

Salt

Cut the spinach into thin strips. Crumble the feta cheese. Peel and crush the garlic.

Transfer the steamed potatoes to a bowl. Mash with a potato masher and mix in the other ingredients. Season with salt and pepper.

配件

Hardened glass dish

Plastic perforated cooking tray ⅓ GN, depth 52 mm

附加信息

创建时间	11.12.2019