Char siu (BBQ pork)

Opskrift af V-ZUG Ltd



Tilberedning
Tilberedningstid
Portioner 4

Preparation

400 g shoulder of pork

1 tbsp salt

500 ml water

Cut the shoulder of pork into 2 cm thick slices. In a large bowl, soak the pork in the water and salt (brine) for 30 minutes.

Afterwards, rinse under running water, allow to drain and pat dry with kitchen paper.

5 tbsp sugar

2 tbsp rice wine, e.g. Shaoxing wine or sherry

1 clove of garlic

1 shallot

2 tbsp hoisin sauce

1 tbsp ginger juice

1 tsp five-spice powder

½ tsp galangal powder, ginger powder (optional)

½ tsp soy sauce, mild

Peel and finely chop the garlic and the shallot. Mix all the ingredients for the marinade together in a bowl, put it into the vacuum bag together with the meat and vacuum seal on level 3. Place in the refrigerator and marinate for at least 1 hour or overnight. Next, take the meat out of the bag and discard the marinade.

(For)varm ovnrummet til 230 °C i Varmluft med damp

Line a baking tray with baking paper and place the wire shelf on it. Place the meat on the wire shelf and put it into the preheated oven space at level 2. Put the baking tray at level 1. Bake.

Sæt retten ind

Varmluft med damp 230 °C i 10 Min.

3 tbsp honey or malt sugar

3 tbsp sugar

1 tbsp mirin (sweetened sake or rice wine)

Heat all the ingredients for the glaze in a small saucepan over a low heat until the sugar has dissolved.

Brush the meat with the glaze. Continue cooking.

Anvend grej af støbejern

Brush the meat again with the glaze, turn it over and brush the underside. Continue cooking.

Anvend grej af støbejern

Place the meat on a plate and brush with the leftover glaze.

Tilbehør

Baking tray

Wire shelf

Yderligere oplysninger

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