



# Lentil salad

Recipe by V-ZUG Ltd.



|                 |                                            |
|-----------------|--------------------------------------------|
| Preparation     | 15 Mins                                    |
| Resting<br>time | 12 Hrs                                     |
| Cooking<br>time | 15 Mins                                    |
| Portions        | 4                                          |
| Appliance       | CombiSteamer V6000<br>PowerSteam from 2022 |

with carrots and Moroccan spices

## Lentils

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200 g beluga lentils

600 ml water

## Salad

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soaked lentils, drained

500 g carrots (e.g. orange, yellow, purple), peeled, cut into 5 mm thick slices

3 cloves of garlic, chopped

3 tbsp olive oil

2 tbsp white wine vinegar

100 ml water

2 tsp smoked paprika powder  
(e.g. Pimentón de la Vera)

1 tsp ground coriander

1 tsp garam masala

½ tsp cayenne pepper

Some salt

Some pepper

## Serving

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½ bunch of coriander, chopped





½ bunch of flat-leaved parsley, coarsely chopped

## Lentils

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Put the lentils in a bowl, pour in the water and soak in the refrigerator for about 12 hours.

## Salad

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Mix all the ingredients together well in a porcelain dish.

Place the porcelain dish on the hardened glass dish in the middle shelf position of the cooking space. Cook at 200 °C for 15 minutes using the Power hot air with steaming mode.

## Serving

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Allow the salad to cool a little, mix in the herbs and serve lukewarm.

## Cooking steps

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**Power hot air with steaming 200 °C for 15 Mins**

## Accessories

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2-litre porcelain dish

Hardened glass dish

## Additional information

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Created on

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