Fruit compote

Receta de V-ZUG AG



Preparación	
Tiempo de cocción	
Porciones	4

Preparation

2 apples

2 pears

3 prunes

3 tbsp Cointreau

Peel, cut into eighths and core the apples and pears.

Halve and pit the plums, then cut the plum halves into quarters.

Spread the prepared fruit out in the porcelain dish and drizzle with Cointreau. Put the porcelain dish on the wire shelf in the cold cooking space. Steam.

Cocción al vapor 100 °C durante 12 Min.

½ pomegranate

Remove the seeds from the pomegranate and scatter over the compote.

Consejos

Sweeten the compote with sugar to taste.

Redcurrants can be used instead of pomegranate seeds.

Accesorios

Porcelain dish ⅓ GN

Wire shelf

Información complementaria

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