Pumpkin, buttermilk and rosemary mash

Receta de V-ZUG AG



Preparación	
Tiempo de cocción	
Porciones	4

Preparation

300 g potatoes, mealy, medium-sized

300 g Hokkaido pumpkin

Peel and quarter the potatoes and put into the plastic perforated cooking tray. Peel the pumpkin, cut into large pieces and add to the potatoes.

Place the cooking tray on the hardened glass dish in the cold cooking space. Steam.

Vapor Power 100 °C durante 16 Min.

1 tbsp olive oil

75 ml buttermilk

1 sprig of rosemary

1 tbsp butter

Pepper

Salt

Pull the rosemary needles from the sprig and chop finely.

Transfer the steamed potatoes and pieces of pumpkin to a bowl. Mash with a potato masher and mix in the other ingredients. Season with salt and pepper.

Accesorios

Hardened glass dish

Plastic perforated cooking tray ⅓ GN, depth 52 mm

Información complementaria

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