



Lamb and white cabbage stew

Recipe by V-ZUG Ltd.



Preparation
Cooking
time
Portions 4

Preparation

- 1 l bouillon
- 500 g stewing lamb, diced
- 500 g potatoes
- 1 white cabbage, small
- ½ tsp cumin
- 1 bay leaf
- Salt
- Pepper

Peel the potatoes and cut into 2 cm chunks. Cut the white cabbage into 3 cm chunks. Put all the ingredients into the porcelain dish and season with salt and pepper. Put the porcelain dish on the wire shelf in the cold cooking space. Cook.

Hot air humid 160 °C for 2 Hrs

- ½ bunch of Parsley
- Salt
- Pepper

Finely chop the parsley. Take the stew out of the cooking space. Sprinkle with parsley, stir, then season with salt and pepper to taste.

Accessories

- Porcelain dish ½ GN, depth 65 mm
- Wire shelf

Additional information

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