



# Lamb and white cabbage stew

Receta de V-ZUG AG



Preparación  
Tiempo de  
cocción  
Porciones 4

## Preparation

---

1 l bouillon  
500 g stewing lamb, diced  
500 g potatoes  
1 white cabbage, small  
½ tsp cumin  
1 bay leaf  
Salt  
Pepper

Peel the potatoes and cut into 2 cm chunks. Cut the white cabbage into 3 cm chunks. Put all the ingredients into the porcelain dish and season with salt and pepper. Put the porcelain dish on the wire shelf in the cold cooking space. Cook.

**Aire caliente húmedo 160 °C durante 2 H**

½ bunch of Parsley  
Salt  
Pepper

Finely chop the parsley. Take the stew out of the cooking space. Sprinkle with parsley, stir, then season with salt and pepper to taste.

## Accesorios

---

Porcelain dish ½ GN, depth 65 mm  
Wire shelf

