



Sage and nut butter mash

Receta de V-ZUG AG



Preparación
Tiempo de
cocción
Porciones

4

Preparation

600 g potatoes, mealy, medium-sized

Peel and quarter the potatoes and put into the plastic perforated cooking tray.

Place the cooking tray on the hardened glass dish in the cold cooking space. Steam.

Vapor Power 100 °C durante 16 Min.

5 tbsp butter

5 sheets of sage

1 clove of garlic

150 g double cream

Salt

Cut the butter into evenly sized pieces and put into a pan with the sage. Melt over a medium heat, stirring constantly. Remove from the heat as soon as the butter turns brown. Remove the sage and pour into a small bowl.

Peel and crush the clove of garlic.

Transfer the steamed potatoes to a bowl. Mash with a potato masher and mix in the other ingredients. Season with salt to taste.

Accesorios

Hardened glass dish

Plastic perforated cooking tray ⅓ GN, depth 52 mm

Información complementaria

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