



Fruit bread

Recipe by V-ZUG Ltd.



Preparation
Cooking
time
Piece 2

with dried fruit and cocoa

Dough

500 g dried fruit (e.g. apricots, figs, plums, sultanas)

300 ml red wine

2 tbsp maple syrup

250 g wholemeal flour

2 tbsp cocoa powder

½ cube of yeast (about 20 g)

½ tsp salt

125 g pecan nuts or walnut kernels

Shaping

Flour for shaping

