



Fruit yogurt

Recipe by V-ZUG Ltd.



Preparation
Cooking
time
Portions 4

with crunchy granola

Bilberries

200 g bilberries
50 g preserving sugar
1 knife tip of cardamom
powder

yogurt

600 ml whole milk
2 tbsp natural yogurt

Granola

2 tbsp honey
1 tbsp rapeseed oil
2 tsp ground cinnamon
100 g spelt flakes
2 tbsp puffed spelt
2 tbsp walnut kernels, chopped
1 tbsp crushed linseed

