



Roasted fennel

Recipe by V-ZUG Ltd.



Preparation
Cooking
time
Portions 4

fennel salad with grapefruit and hazelnuts

Fennel

3 fennel bulbs

2 tbsp rapeseed oil

Some salt

Dressing

2 pink grapefruit

2 tbsp apple cider vinegar

1 tbsp runny honey

3 tbsp rapeseed oil

4 tbsp hazelnut oil

4 sprigs of tarragon, chopped

Some salt

Some pepper

Serving

80 g hazelnuts, roasted, chopped

herbs for garnishing (e.g.
tarragon, fennel herb,
oregano, parsley)





Additional information

Created on

26.01.2022

