Grilled cod

Recipe by V-ZUG Ltd.



Mediterranean fish out of the oven

Preparation	
Cooking time	
Portions	4

Grilled cod

600 g cod fillets, skin removed

1 small red onion, cut into fine strips

1 clove of garlic, crushed

Olive oil for sweating

80 g sun-dried tomatoes preserved in oil, drained, cut into fine strips

1 tbsp black olives, chopped

1 tbsp capers

1 sprig of rosemary, chopped

2 sprigs of basil, chopped

2 tbsp pine nuts, chopped

Some salt

Some pepper

Additional information

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