



# Spanakopita

Recipe by V-ZUG Ltd.



Preparation  
Cooking  
time  
Portions            4

crispy spinach strudel

## Filling

---

- 1 onion
- 2 cloves of garlic
- 500 g leaf spinach
- Olive oil for sweating
- 1 bunch of parsley
- 1 bunch of dill
- 1 unwaxed lemon, some grated zest and juice
- 1 tsp salt
- Some pepper
- Some cayenne pepper
- Some nutmeg
- 2 eggs
- 1 tbsp cornflour
- 300 g feta, crumbled

## Shaping

---

- 8 sheets of strudel pastry
- 60 g butter, melted

