



Quinoa salad

Recipe by V-ZUG Ltd.



Preparation
Cooking
time
Portions 4

with tahini dressing

Quinoa

- 150 g white quinoa
- 200 ml vegetable bouillon
- 100 ml apple juice
- 1 tbsp olive oil
- 1 tsp maple syrup
- 2 tbsp sultanas
- ½ tsp ras-el-hanout
- 1 knife tip of turmeric
- 1 knife tip of cinnamon
- ½ chilli pepper, chopped
- ½ tsp salt

Salad

- 1 cucumber
- 1 mango
- 50 g salted pistachios, blanched and chopped
- 3 sprigs of dill, chopped
- 3 sprigs of coriander, chopped
- 3 sprigs of parsley, chopped
- 2 sprigs of mint, chopped





Dressing

80 g tahini

75 ml lukewarm water

½ lemon, juice only

1 tbsp olive oil

1 knife tip of cumin powder

1 knife tip of cayenne pepper

½ tsp salt

Additional information

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