Lukewarm root vegetable salad

מתכון מאת V-ZUG Ltd.



Preparation	30 Mins
Cooking time	15 Mins
מנות	4
התקן	Combair-Steam SL from 2015

Preparation

200 g baby carrots

200 g baby beetroots

200 g celeriac

200 g parsley roots

200 g yellow carrots

Salt

Pepper

(Pre-)heat cooking space to 230 °C with Hot air + steaming

Wash the vegetables. Peel the celeriac, parsley roots and yellow carrots. Top and tail the vegetables and cut into mouth-sized pieces.

Place the vegetables on a lined baking tray, season with salt and pepper and put into the preheated cooking space. Cook.

Put the food in

Hot air + steaming 230 °C for 15 Mins

100 g radishes

1 tbsp parsley, chopped

4 tbsp walnut oil

2 tbsp balsamic vinegar, white

Salt

Pepper

Wash and quarter the radishes.

Toss the cooked vegetables while still warm in the walnut oil and balsamic vinegar. Add the parsley and radishes at the end, season with salt and pepper to taste.

אביזרים

Baking tray

מידע נוסף

הופק ביום	11.12.2019