



Beans wrapped in bacon

מתכון מאת V-ZUG Ltd.



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|-------------|----------------------------|
| Preparation | 15 Mins |
| Cooking | 25 Mins |
| time | |
| מנות | 4 |
| התקן | Combair-Steam SL from 2015 |

Preparation

500 g French beans, tender, green

120 g streaky bacon, rashers

Top and tail the beans and remove the stringy threads. Cut the bacon in half crosswise. Tightly wrap 5–7 beans in half a rasher of streaky bacon. Put the wrapped beans in the perforated cooking tray. Put the tray into the cold cooking space. Cook.

Hot air + steaming 110 °C for 10 Mins

Steaming 100 °C for 10 Mins

Hot air + steaming 150 °C for 5 Mins

אביזרים

Perforated cooking tray

