Beans wrapped in bacon

מתכון מאת V-ZUG Ltd.



Preparation	15 Mins
Cooking time	25 Mins
מנות	4
התקן	Combair-Steam SL from 2015

Preparation

500 g French beans, tender, green

120 g streaky bacon, rashers

Top and tail the beans and remove the stringy threads. Cut the bacon in half crosswise.

Tightly wrap 5–7 beans in half a rasher of streaky bacon. Put the wrapped beans in the perforated cooking tray. Put the tray into the cold cooking space. Cook.

Hot air + steaming 110 °C for 10 Mins

Steaming 100 °C for 10 Mins

Hot air + steaming 150 °C for 5 Mins

אביזרים

Perforated cooking tray

מידע נוסף

הופק ביום	11.12.2019