Caesar salad with chicken

מתכון מאת V-ZUG Ltd.



Preparation	15 Mins
Cooking time	30 Mins
מנות	4
התקן	Combair-Steam SL from 2015

Salad

4 eggs

1 romaine lettuce, small

4 tbsp Parmesan, grated

Wash and cut the lettuce, then arrange on plates. Put the Parmesan to one side.

Place the eggs in the perforated cooking tray and put it into the cold cooking space. Steam.

Steaming 100 °C for 18 Mins

Plunge the eggs into cold water, carefully shell them and put aside for garnishing.

Salad dressing

100 g aioli

2 tbsp fish sauce

½ lemon, juice and zest

½ bunch of chives

Wash, zest and juice the lemon. Rinse and finely cut the chives. Mix all the ingredients together and put to one side.

chicken

12 chicken fillets

2 tbsp olive oil

Salt

Pepper

4 bacon rashers

1 flatbread

Put the chicken fillets in the lined baking tray, drizzle with oil and season with salt and pepper.

Appliance preheating

(Pre-)heat cooking space to 230 °C with Hot air + steaming

Cut the rashers of bacon into strips and place on the baking tray along with the chicken fillets. Put the tray into the cooking space. Bake.

Put the pastry in

Hot air + steaming 230 °C for 8 Mins

Rip the flatbread into chunky pieces, spread over the lined stainless steel tray. Put the tray into the hot cooking space. Continue to bake.

Add ingredients

Hot air + steaming 230 °C for 4 Mins

Arrange the chicken, bacon, flatbread and egg on the lettuce. Drizzle over the dressing and sprinkle over the Parmesan.

אביזרים

Perforated cooking tray, 430 × 370 × 25 mm

Baking tray

Stainless steel tray

מידע נוסף

הופק ביום	11.12.2019