Club sandwich with crispy prawns

מתכון מאת V-ZUG Ltd.



Preparation	45 Mins
Cooking time	6 Mins
מנות	2
התקן	Combair-Steam SL from 2015

Prawns

(Pre-)heat cooking space to 230 °C with Grill-forced convection

6 slices of bread for toasting

Place the slices of bread side by side on the wire shelf.

4 prawns, large, peeled

2 tbsp plain flour

2 eggs

salt

100 g Japanese panko breadcrumbs, toasted

4 strips of streaky bacon

Olive oil

Season the prawns with salt, then coat them in the following order: flour, egg, panko breadcrumbs. Place the breaded prawns on the lined baking tray and drizzle over a little olive oil. Add the strips of streaky bacon.

Put the baking tray at level 1 and the wire shelf with the toast at level 3 of the preheated cooking cooking space. Baking

Put the food in

Grill-forced convection 230 °C for 6 Mins

Sandwich

2 tbsp aioli

2 tbsp mango chutney

2 eggs

1 tomato

½ avocado

4 leaves of lettuce

8 wooden skewers

Mix the aioli and mango chutney together.

Fry the eggs in the frying pan.

Wash and slice the tomato. Cut the avocado into strips.

Make two sandwiches with the ingredients in this order: slice of toast, lettuce, two prawns, slice of toast, aioli, avocado, bacon, tomato, fried egg and slice of toast.

Skewer each sandwich with four wooden skewers – one in each corner – and cut into four quarters.

200 g coleslaw

200 g chips

Serve the sandwiches with chips and coleslaw.

אביזרים

Wire shelf

Baking tray

מידע נוסף

הופק ביום	11.12.2019