Crispy pork belly

מתכון מאת V-ZUG Ltd.



Preparation	10 Mins
Cooking time	1 Hrs 10 Mins
מנות	6
התקן	Combair-Steam SL from 2015

Preparation

150 ml soy sauce

50 ml ketjap manis

300 ml Shaoxing cooking wine

5 cloves of garlic

1 kg pork belly

Peel and crush the cloves of garlic. Combine all the ingredients in the porcelain dish.

Pat the meat dry with a kitchen towel and place skin-side up in the marinade, ensuring that the skin remains dry. Refrigerate, uncovered, overnight.

300 g salt

The next day, set the meat on the lined tray and cover the skin evenly with salt. Discard the marinade.

Put the tray into the cold cooking space at level 2. Roast.

Hot air + steaming 180 °C for 45 Mins

Remove the salt and return the meat to the cooking space. Continue to roast.

Put the food in

Hot air 230 °C for 25 Mins

אביזרים

Stainless steel tray

Porcelain dish ⅓ GN, depth 65 mm

מידע נוסף

הופק ביום	11.12.2019