# Baba ganoush

מתכון מאת V-ZUG Ltd.



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| Preparation | 15 Mins |
| Cooking time | 30 Mins |
| מנות | 4 |
| התקן | CombairSteamer V2000 from 2021 |

smoked aubergine purée with sesame paste

## Aubergine

3 aubergines

2 cloves of garlic

## Baba ganoush

50 g tahini

2 tbsp olive oil

1 unwaxed lemon, some grated zest and juice

Some salt

1 pinch of cayenne pepper

## Serving

3 sprigs of parsley, chopped

Olive oil for drizzling

## Aubergine

Preheat the cooking space on grill setting 3 (high).

Cut the garlic into fine slivers. Cut slits all over the aubergines with a paring knife. Insert the slivers of garlic into the slits.

Roast the aubergines on a baking tray in the top shelf position for 15 minutes.

Turn over and roast for a further 15 minutes.

## Baba ganoush

Cut the aubergines in half. Scoop the flesh out of the skin with a spoon and chop up finely. Add the tahini and olive oil and mix well. Season with a little lemon juice and zest, salt and cayenne pepper to taste.

## Serving

Garnish the baba ganoush with parsley. Drizzle over the olive oil.

## Cooking steps

**(Pre-)heat space to level 3 with Grill**

**Preheating finished. Put the food in.**

**Grill level 3 for 15 Mins**

**Turn the food. Continue baking.**

**Grill level 3 for 15 Mins**

## אביזרים

Baking tray

## מידע נוסף

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| הופק ביום | 26.01.2022 |