# Pea soup

מתכון מאת V-ZUG Ltd.



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| Preparation | 10 Mins |
| Cooking time | 25 Mins |
| מנות | 4 |

Light green, spring-like pea soup with aromatic herb oil and peppermint crème fraîche. An elegant starter that visually and flavour-wise captures the essence of spring.

## Herb oil

150 ml sunflower oil

40 g parsley, leaves only

20 g dill, leaves only

15 g chives, coarsely chopped

## Pea soup

1 tbsp olive oil

2 shallots, finely chopped

1 garlic clove, finely chopped

100 g celeriac, in small cubes

½ tsp sugar

some salt

100 ml white wine

650 ml vegetable bouillon

150 ml cream

500 g frozen peas

some salt

some pepper

## Serving

50 g crème fraîche

2 sprigs of peppermint, leaves only, finely chopped

some salt

some pepper

## Herb oil

Heat sunflower oil in a pan over medium heat (level 6) to approximately 55 °C. Place the warm oil with the herbs into a blender and blend on high speed for approximately 8 minutes. Line a sieve with muslin or fine straining cloth, carefully strain the herb oil, squeezing the cloth well. Pour the herb oil into a light-protected bottle, allow to cool, and store in the refrigerator.

## Pea soup

Heat butter and olive oil in a pan over medium to high heat (level 6-7). Sauté shallots, garlic and celery until translucent. Add sugar and a little salt, pour in white wine and allow to reduce slightly. Add vegetable stock, cover and bring to the boil over high heat (level 8). Reduce to low to medium heat (level 3-4) and simmer for approximately 15 minutes. Add cream and peas, simmer for a further 5 minutes. Purée finely and pass through a fine sieve back into the pan. Season the soup with salt and pepper

## Plating

Mix crème fraîche and peppermint, season with salt and pepper. Serve the soup and finish with the mint crème fraîche and a drizzle of herb oil.

## אביזרים

Saucepan (approx. 16 cm ø)

Pan with lid (approx. 20 cm ø)

## מידע נוסף

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| הופק ביום | 07.04.2026 |