



# Crema catalana

Recipe by V-ZUG Ltd.



|              |                                |
|--------------|--------------------------------|
| Preparation  | 20 Mins                        |
| Cooking time | 30 Mins                        |
| Portions     | 4                              |
| Appliance    | CombairSteamer V2000 from 2021 |

custard with a caramel crust

## Crema catalana

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3 egg yolks  
30 g icing sugar  
300 ml single cream  
½ tsp cornflour  
½ tsp vanilla seeds  
1 orange, some grated zest

## Caramel

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60 g sugar

## Crema catalana

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Mix all the ingredients together well in a measuring jug. Divide the mixture evenly between the ramekin dishes. Place on a perforated stainless steel tray and cook in the middle shelf position at 85 °C for 30 minutes using the hot air with steaming mode.

Allow the custard to cool then chill in the refrigerator.

## Caramel

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Sprinkle sugar over the custard and caramelize with a blowtorch.





## Cooking steps

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**Hot air + steaming 85 °C for 30 Mins**

## Tips

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The cooking time can vary depending on shape and quantity: if the custard is too runny, extend the cooking time until it sets.

## Accessories

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4 ovenproof ramekin dishes à 120 ml

Perforated stainless steel tray

Blowtorch

## Additional information

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