Vegetable strudel with a cress sauce

Recipe by V-ZUG Ltd.



Preparation	40 Mins
Cooking time	30 Mins
Portions	4
Appliance	Combair-Steam SE from 2015

Vegetable strudel

250 g broccoli

2 ears of corn

2 sweet peppers, red

2 onions

Prepare the vegetables: divide the broccoli into florets; cut the corn kernels from the ears of corn; skin the sweet peppers and cut into strips; peel and dice the onions. Place the vegetables in the perforated cooking tray and put it into the cold cooking space. Cook.

Steaming 100 °C for 15 Mins

Prepare

1 egg yolk

100 g ricotta

3 tsp sesame seeds, black

100 g Sbrinz cheese, grated

Salt

Pepper

Mix the egg yolk, ricotta, Sbrinz and sesame seeds, season well with salt and pepper and add the cooled vegetables.

(Pre-)heat cooking space to 220 °C with Hot air + steaming

60 g butter

4 sheets of strudel pastry

Put the food in

Hot air + steaming 220 °C for 15 Mins

Cress sauce

200 g crème fraîche

30 g cress

1 tbsp lemon juice

Salt

Pepper

Mix all the ingredients for the sauce together and season with salt and pepper. Serve with the strudel.

Accessories

Perforated stainless steel tray

Baking tray

Additional information

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