Crispy-skin barramundi with chilli jam

Recipe by V-ZUG Ltd.



Preparation
Cooking time
Portions 4

Chilli jam

1 kg tomatoes, e.g. Roma

Score the tomatoes and put them in the perforated cooking tray. Steam.

Steaming 100 °C for 4 Mins

Skin and chop the steamed tomatoes.

½ Spanish onion

2 cloves of garlic

6 chilli peppers, long, red

2 tsp olive oil

Deseed the chilli peppers, finely chop, along with the onion and garlic, and pan-fry in olive oil.

500 g sugar

1 lime

70 ml white wine vinegar

2 tsp sea salt

Add the tomatoes and all the other jam ingredients to a pan and simmer for 1 hour.

Barramundi

4 barramundi portions, about 130 g each, skin on, deboned

Salt

2 tbsp cornflour

Pat the fish dry with a kitchen towel, sprinkle with salt and rub skin-side with cornflour.

Appliance preheating

(Pre-)heat cooking space to 230 °C with PizzaPlus

2 tbsp oil

Put oil in the baking tray and then place the fish, skin-side down, in the oil. Put the baking tray into the preheated cooking space. Bake.

Put the pastry in

PizzaPlus 230 °C for 8 Mins

Serve the fish with the chilli jam.

Accessories

Baking tray

Perforated cooking tray, 430 × 370 × 25 mm

Additional information

Created on	27.02.2023