



Pasteis de nata

Рецепт від V-ZUG AT



готування	30 хв
Пауза	2 годин
Час готування	25 хв
Порції	10
Прилад	Combair SE з 2015 року

Preparation

- 1 vanilla pod
- 400 ml milk
- 2 tbsp cornflour
- 115 g sugar
- 1 egg
- 2 egg yolk

Scrape out the vanilla seeds out of the pod, put the seeds into a saucepan together with the milk, cornflour, sugar, egg and egg yolks, mix well. Bring to the boil, stirring constantly, until the mixture thickens. Take the saucepan from the heat and continue to stir

Pour the custard into a bowl and cover the surface with cling film to prevent a skin from forming. Chill the custard in the refrigerator for about 2 hours.

- 1 puff pastry, rectangular, 32 × 44 mm

Розігріти робочу камеру до 190 °С Гаряче повітря

Place the aluminium cases on the baking tray and spray them with non-stick baking spray. With the longest edge of the puff pastry rectangle facing you, roll the pastry as tightly as possible. Cut the pastry roll into 10 discs. Flatten the puff pastry discs and roll out into rounds. Place the rounds of pastry in the cases and fill them with the chilled custard. Put the baking tray into the preheated cooking space. Bake.

Заснути страву для випікання

Гаряче повітря 190 °С протягом 25 хв

Поради

Ready-made tartlet cases are also available to buy.

Акcesуари

- Baking tray
- 10 aluminium cases

