



Poached salmon with a chilli vinaigrette

Рецепт від V-ZUG AT



готування	20 хв
Час	25 хв
готування	
Порції	4
Прилад	Combair-Steam SL з 2015 року

Poached salmon

600 g salmon, skin removed

3 tbsp olive oil

4 sprigs of tarragon

1 tbsp lemon zest

Fleur de sel

Pat the salmon dry, fillet it and cut into 60 g chunks, then spread out over the stainless steel tray.

Drizzle olive oil over the salmon and then scatter over the tarragon leaves and lemon zest. Put the stainless steel tray into the cold cooking space. Steam.

Готування на парі 48 °C протягом 25 хв

Take the salmon out of the cooking space and quickly blowtorch all over. Season with fleur de sel.

Chilli vinaigrette

1 chilli pepper

2 lemons, zest

Fleur de sel

Pepper, white

100 ml olive oil

Deseed and finely chop the chilli pepper. Grate and squeeze the lemon and mix the zest and juice with the fleur de sel, chilli pepper, pepper and olive oil. Drizzle the vinaigrette over the salmon.

Аксессуары

Perforated stainless steel tray





Додаткова інформація

Складено

11.12.2019

