



Spinach and feta mash

Рецепт від V-ZUG AT



готування	20 хв
Час	16 хв
готування	
Порції	4
Прилад	Combi-Steam MSLQ

Preparation

600 g potatoes, mealy, medium-sized

Peel and quarter the potatoes and put into the plastic perforated cooking tray.

Place the cooking tray on the hardened glass dish in the cold cooking space. Steam.

PowerDämpfen 100 °C протягом 16 хв

30 g spinach, fresh

30 g feta

60 ml milk

2 tbsp butter, liquid

½ cloves of garlic

Pepper

Salt

Cut the spinach into thin strips. Crumble the feta cheese. Peel and crush the garlic.

Transfer the steamed potatoes to a bowl. Mash with a potato masher and mix in the other ingredients. Season with salt and pepper.

Аксессуары

Hardened glass dish

Plastic perforated cooking tray ⅓ GN, depth 52 mm

Додаткова інформація

Складено 11.12.2019

