

Asparagus tart



Рецепт від V-Kitchen



готування	20 хв
Час	30 хв
готування	
Порції	4
Прилад	Comhair V2000 з 2021 року

Asparagus tart with green asparagus, Gruyère and cured ham, baked until crisp. Ideal for spring, brunch, or a light meal.

Asparagus tart

- 1 pre-prepared round puff pastry, (approx. 32 cm Ø)
- 500 g green asparagus, lower third peeled, in pieces approximately 3 cm in size
- 250 ml single cream
- 2 eggs
- 100 g Gruyère cheese, grated
- some ground nutmeg
- ½ tsp salt
- some pepper
- 100 g cured ham, (e.g. Parma), shredded

Asparagus tart

Preheat the cooking space with PizzaPlus to 200 °C. Unroll the puff pastry and place it in the prepared tin, and prick it evenly with a fork. Arrange the asparagus evenly on the base. Mix the single cream and all ingredients up to and including the pepper, then pour over the asparagus. Spread the cured ham evenly on top. Place the tin on the wire shelf in the preheated cooking space and bake for approximately 30 minutes. Remove and let cool slightly before serving.

Розігріти робочу камеру до 200 °C PizzaPlus

Eylem



PizzaPlus 200 °C протягом 30 хв

Поради

In place of Parma ham, use sun-dried tomatoes in oil.

Акcesуари

Tart or quiche tin (approx. ø 28 cm), lined with baking paper or greased and lightly floured

Wire shelf

